

STATE OF ALASKA  
DIVISION OF MOTOR VEHICLES

# 413

## COMMERCIAL DRIVER MEDICAL & SELF CERTIFYING VERIFICATION

THIS SECTION MUST BE COMPLETED IN FULL BY THE APPLICANT.  
MUST BE COMPLETED IN BLACK OR BLUE INK.

<b>FULL LEGAL NAME:</b>	First	Middle	Last	Suffix
AK license / permit / ID number, if applicable.	Date of Birth	E-Mail Address		Phone
1. Do you meet all the requirements contained in the federal government regulations shown on the back of this form? List each requirement you do not meet: (Example: age 19) _____ <span style="float: right;"><input type="checkbox"/> YES <input type="checkbox"/> NO</span>				
2. Are you required to have a federal or state waiver to meet the medical requirements for a Commercial Driver License?(Insulin, vision or skills performance evaluation certificate) If you answered YES, you must provide a copy of the waiver. <span style="float: right;"><input type="checkbox"/> YES <input type="checkbox"/> NO</span>				

**PLEASE CHECK THE APPROPRIATE BOX FOR THE TYPE OF OPERATION THAT APPLIES TO YOU. SEE THE BACK OF THIS FORM FOR GUIDANCE AND DEFINITIONS:**

- NON-EXCEPTED INTERSTATE (NI)**  
(Current medical certificate required.) A type of operation that does not fall under the excepted types of operation AND only operates in interstate commerce (see reverse for more information).
- NON-EXCEPTED INTRASTATE (NA)**  
(Current medical certificate required.) A type of operation that does not fall under the excepted types of operation AND only operates in intrastate commerce (see reverse for more information).
- EXCEPTED INTERSTATE (EI)**  
(Medical certificate NOT required.) A type of operation that falls under the excepted types of operation AND only operates in interstate commerce (see reverse for more information).
- EXCEPTED INTRASTATE (EA)**  
(Medical certificate NOT required.) A type of operation that falls under the excepted types of operation AND only operates in intrastate commerce (see reverse for more information).

**IF YOU HAVE SELECTED NON-EXCEPTED INTERSTATE OR NON-EXCEPTED INTRASTATE, YOU MUST PROVIDE A CURRENT MEDICAL CERTIFICATE TO THE DMV. DMV WILL RETAIN A COPY FOR ITS RECORDS. YOU ARE STILL REQUIRED TO HAVE A CURRENT MEDICAL CERTIFICATE IN YOUR POSSESSION WHEN OPERATING A COMMERCIAL MOTOR VEHICLE.**

*I have personally reviewed the information on this application and certify under penalty of perjury that to the best of my knowledge and belief the information on this application is true and correct. (NOTE: Making a false statement or omitting a material fact is subject to a maximum penalty of \$10,000 or 1 year imprisonment or both per AS 11.56.210 and AS 28.35.135.)*

X \_\_\_\_\_  
Signature of Applicant Date

**INSTRUCTIONS FOR SUBMITTING THIS FORM:**

If you are applying for an original, duplicate or renewal of your Commercial Driver License (CDL), please take all required forms to your local DMV.

If your CDL is current, you may submit the form along with any other documents that apply to you (Medical Examiner's Certificate, State or Federal Waiver, Skills Performance Evaluation) in the following manner:

- Mail to the address listed below;
- Scan and email to [doa.dmv.cdl@alaska.gov](mailto:doa.dmv.cdl@alaska.gov);
- Deliver to your local DMV Office. A list of office locations and hours can be found on the DMV's website.

Your DMV record will be updated with your current medical information within 10 business days from the date of receipt.

Anchorage Driver Services  
1300 W. Benson Blvd, Ste. 100  
Anchorage, AK 99503

# CDL Medical & Self Certifying Verification Guide

**SPECIAL NOTE:** By selecting an INTRASTATE operation type, you are subject to the K restriction on your CDL. Only select INTRASTATE if you do not meet the Federal requirements for a CDL (under 21 or blind in one eye).

There are two differences between excepted and non-excepted types of operation. The excepted types of operation are defined in 49 CFR 390.3 (f).

If you operate a commercial motor vehicle (CMV) for any of the activities listed below a medical certificate is not required. You will need to self-certify to either excepted interstate or excepted intrastate.

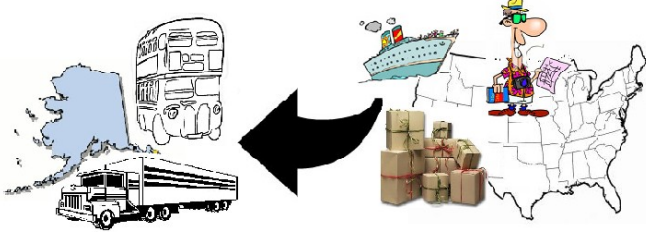
- Custom Farm Operations
- Bee Keepers
- Federal, State, Municipal or Borough transportation and/or operation
- Occasional transport of personal property
- Transportation of human corpses or sick/injured persons
- Fire trucks and rescue vehicles
- CMVs used to transport between 9 and 15 passengers, including the driver
- CMVs used primarily in transportation of propane winter heating fuel
- Driver of migrant workers

If you operate a CMV outside of the excepted types of operation, you are considered non-excepted, and are required to have a valid medical examiners certificate.

## Difference between interstate and intrastate

**Interstate** = If the vehicle or load (may be goods or passengers) originates in one state and is transported to or through another state, the operation would be considered "interstate commerce."

**Intrastate** = If the vehicle or load (may be goods or passengers) originates in Alaska and the operator does not transport the vehicle or load outside of Alaska, it is considered "intrastate commerce."



If you have any questions regarding the self-certification types or the requirements, please contact Anchorage Driver Services at (907) 269-3770 or via Email at [DOA.DMV.ADS@Alaska.gov](mailto:DOA.DMV.ADS@Alaska.gov) for assistance prior to submitting the form.

## DEFINITIONS

**Domicile:** "domicile" means the true and permanent home of a person from which the person has no present intention of moving and to which the person intends to return whenever the person is away.

**INTERSTATE COMMERCE** means trade, traffic, or transportation in the United States—

- (1) Between a place in a State and a place outside of such State (including a place outside of the United States);
- (2) Between two places in a State through another State or a place outside of the United States; or
- (3) Between two places in a State as part of trade, traffic, or transportation originating or terminating outside the State or the United States.

Example: If the vehicle or load originates in one state and is transported to or through another state, the operation would be considered "interstate commerce".

**INTRASTATE COMMERCE** means any trade, traffic, or transportation in any State which is not described in the term "interstate commerce". Example: If the vehicle or load originates in one state and operator does not transport the vehicle or load outside of the original state, it is considered "intrastate commerce".

**COMMERCE** means (a) any trade, traffic or transportation within the jurisdiction of the United States between a place in a State and a place outside of such State, including a place outside of the United States and (b) trade, traffic, and transportation in the United States which affects any trade, traffic, and transportation described in paragraph (a) of this definition.

## 49 CFR 383.71 DRIVER APPLICATION AND CERTIFICATION PROCEDURES.

**NON- EXCEPTED INTERSTATE.** A person must certify that he or she operates or expects to operate in interstate commerce, is both subject to and meets the qualification requirements under 49 CFR part 391, and is required to obtain a medical examiner's certificate by 391.45 of this chapter.

**EXCEPTED INTERSTATE.** A person must certify that he or she operates or expects to operate in interstate commerce, but engages exclusively in transportation or operations excepted under 49 CFR 390.3(f), 391.2, 391.68 or 398.3 from all parts of the qualification requirements of 49 CFR part 391, and is therefore not required to obtain a medical examiner's certificate by 49 CFR 391.45 of this chapter.

**NON-EXCEPTED INTRASTATE.** A person must certify that he or she operates in intrastate commerce and therefore is subject to State driver qualification requirements.

**EXCEPTED INTRASTATE.** A person must certify that he or she operates in intrastate commerce, but engages exclusively in transportation or operations excepted from all or parts of the State driver qualification requirements.

## 49 CFR Part 391.11 GENERAL QUALIFICATIONS OF DRIVERS.

- (a) A person shall not drive a commercial motor vehicle unless he/she is qualified to drive a commercial motor vehicle. Except as provided in 391.63, a motor carrier shall not require or permit a person to drive a commercial motor vehicle unless that person is qualified to drive a commercial motor vehicle.
- (b) Except as provided in subpart G of this part, a person is qualified to drive a commercial motor vehicle if he/she –
  - (1) Is at least 21 years old;
  - (2) Can read and speak the English language sufficiently to converse with the general public, to understand highway traffic signs and signals in the English language, to respond to official inquiries, and to make entries on reports and records;
  - (3) Can, by reason of experience, training, or both, safely operate the type of commercial motor vehicle he/she drives;
  - (4) Is physically qualified to drive a commercial motor vehicle in accordance with subpart E -- Physical Qualifications and Examinations of this part;
  - (5) Has a currently valid commercial motor vehicle operator's license issued only by one State or jurisdiction;
  - (6) Has prepared and furnished the motor carrier that employs him/her with the list of violations or the certificate as required by 391.27.
  - (7) Is not disqualified to drive a commercial motor vehicle under the rules in 391.15; and
  - (8) Has successfully completed a driver's road test and has been issued a certificate of driver's road test in accordance with 391.31, or has presented an operator's license or a certificate of road test which the motor carrier that employs him/her has accepted as equivalent to a road test in accordance with 391.33.

## REQUIRED TESTS

Both the Alaska and the CDL General Knowledge tests or equivalent are required to obtain a permit or license. You must pass the air brakes knowledge test or an "L" restriction will be added to the license or permit. You would be restricted to operating vehicles not equipped with air brakes. Class A and IA require the combination knowledge test.